



Instructions for Cardiac Catheterization

- Labs need to be done at your requested lab facility one week prior to procedure. You do Not need to be fasting prior to having labs drawn.
- Nothing to eat or drink after midnight the night before the test. However, if the test is scheduled for after 1:00pm, you may drink clear liquids, like tea or apple juice (not to exceed 12 ounces) before 6:00am on the day of the procedure.
- If you are diabetic and take **Metformin**, STOP taking this medication 2 days prior to your test and hold for 2 days after your test.
- If you are diabetic and use insulin, take 1/2 dose the night before the procedure and none the day of the procedure.
- If you are on **Coumadin**, STOP taking it 5 days before the procedure.
- If you are on **Pradaxa, Eliquis, or Xarelto**, STOP taking it 3 days before the procedure.
- If you are on **Aspirin, Effient (Prasugrel), Brilinta (Ticagrelor), or Plavix (Clopidogrel)**, you MUST take these medications the day of your procedure, unless specifically told otherwise by your provider.
- Remember to arrange for transportation by another person after the procedure. You will not be able to drive yourself.
- Please call our office to schedule a post-procedure appointment one week after the procedure.